



Orienteering in  
Worcester, Hereford,  
South Shropshire, the  
Black Country and  
Birmingham

**Harlequins Orienteering Club**  
invites you to a local (C5) event in the

# CLENT HILLS

and Hagley Wood (Halesowen)  
on Sunday 25th January 2009

*The first round of the  
Harlequins Sunday League '09*

<b>Venue &amp; Travel</b>	National Trust visitor centre, Hagley Wood Lane DY9 9JR. 5 km south-west of Halesowen town centre. Signposted from the A456. Grid Reference SO939807
<b>Parking</b>	Park in the Nimmings Wood visitor centre car park (£2.50) or in the neighbouring field (£1.50).
<b>Terrain</b>	Delightfully varied mix of woodland, scrub and open areas. Complex path network. Some steep sections, with the compensation of beautiful views. <a href="http://www.nationaltrust.org.uk/main/w-clenthills">www.nationaltrust.org.uk/main/w-clenthills</a>
<b>Map</b>	1:10,000 revised 2006, minor revisions 2009
<b>Courses</b>	Easier: Yellow, Orange, Red (2 km-5 km) suitable for beginners and improvers Harder: Green, Blue, Brown (3 km-6 km) <b>Two free training activities available after your run.</b>
<b>Entries</b>	Enter on the day
<b>Registration</b>	1000 - 1215 hrs <b>Starts:</b> 1015 - 1230 hrs.
<b>Punching</b>	SI Electronic Punching. Please bring your SI-Card to registration. Or hire one for £1 (juniors free).
<b>Fees</b>	Seniors £4      Juniors £2
<b>Dogs</b>	Dogs welcome in the car park (on a lead) and on the National Trust land. Dogs may not accompany competitors on courses.
<b>Facilities</b>	Toilets/Cafe
<b>Officials</b>	Organiser - Barry McGowan 01922 633792 <a href="mailto:barry.mcgowan@hotmail.com">barry.mcgowan@hotmail.com</a> Planner - Adrian Bailey
<b>League</b>	<b>The league is open to all.</b> For more details see <a href="http://www.harlequins.org.uk/sundayleague2009_flyer.pdf">www.harlequins.org.uk/sundayleague2009_flyer.pdf</a>
<b>Safety</b>	Competitors take part at their own risk. Whistles must be carried. In case of bad weather competitors may be required to wear cagoules.
<b>Website &amp; Cancellation</b>	For the latest information check: <a href="http://www.harlequins.org.uk">www.harlequins.org.uk</a>