

**Welcome to ROUGH WOOD**  
**PLEASE READ THESE NOTES CAREFULLY**

If you haven't arrived yet, note directions should read 4<sup>th</sup> right into Mill Lane rather than 3<sup>rd</sup> left.  
Car parking £1 for school funds. All school areas OOB and buildings, apart from registration, alarmed.  
Limited toilets, Hilton Park services may be an option!

This is the annual inter club score event.  
25 runners score per club over a minimum of 16 age groups (excluding S/B) with no more than 5 to count per age group. See WMOA website for full rules.  
Remember it's your birthday today, have you entered the correct class!  
You may run up provided this is declared before hand.

Please complete registration form and register at your club desk/car and pay £8 (less £2 for BOF 2010 cards) or £3 for aged 20 and under. Non –WM clubs please register at Independents desk/car.  
Please punch at SI registration if it's your own card and give them the registration form which has been marked 'paid'. SI hire available at £1. Registration open from 10-11am.  
It is hoped Registration will be in the carpeted drama studio. No dirty or O shoes please.

There will be a mass start at 12 Noon. Clear station is near registration.  
The start/finish/map exchange is roughly 20 minutes walk, mainly along the canal towpath so the competitors will leave en bloc at 11.25am led by Chris McCartney. Follow tapes.  
Clothing dump by start, hopefully supervised.

On arrival there you will be given the A4 map rolled up and sealed.  
Please note the scale is 1:5000, 2.5m contours, produced by Peel Land Surveys 2008.  
Controls are detailed on the map. Part 1 descriptions are also available in both formats at assembly.  
Note control 6 is an earthbank, not a stone wall.

One minute before the start you will be allowed to look at the map to plan your route.  
There are 23 controls with a minimum collection distance of 5k.  
You may then return, without completing all part one, to collect the part 2 map which has a further 12 controls.  
All controls are worth 1 point with penalties of one point per part minute late over 60 minutes.  
You can finish early if you like, but no bonus points where all controls visited.

I understand most SI cards will give times for 30 controls and list controls numbers, but not times, for a further 5.  
Be careful to avoid mis-punching if you are aiming to collect all controls!

The controls will be listed by the letter/number painted on the post (eg F6).  
The old style SI unit will be placed on a stake immediately behind the post and will have a normal 3 digit number.

The first part controls have SI units in the range 101-123 (ie control number +100)  
The second part is in the range 124-135.  
As soon as a number in the higher range is punched any further lower range numbers will not count, so no cheating if you spot 2<sup>nd</sup> part controls when running the first part!

Second part maps will be available from the start/finish from 12.25. Do not punch here when exchanging!

The event uses Permanent control posts, course designed by Chris`McCartney (OD).  
There are actually 111 controls on site. All have a painted O sign, no flags are hung.  
28 are nature trail posts, 6'' square posts, 3 foot high, on path junctions. I am not using any of these.  
41 are specially installed posts of similar design, in trickier locations largely in the complex area north of the canal.  
I am using most of these.  
42 are other posts, often posts for wire fences on enclosures south of the canal. I am using a number of these.  
Generally they are fairly close to paths.

The canal may only be crossed at the bridge, even if the canal is iced over.  
The area is poorly drained. Respect un-crossable marshes.  
This is a popular dog walking area!  
Please respect other users of the area, taking care on the bridge and narrow paths, which are likely to be very icy.

This event is to open the Rough Wood Permanent Orienteering Course, being an Initiative between WCH, OD, HOC and Walsall Countryside services.

Six areas have been mapped and will have permanent courses installed.  
Fibbersley is already available to download off the Countryside services Whats-on website, and the rest will follow in due course.