



Harlequins Orienteering Club
Invite you to the Compass Sport Cup Round 1
At the

Worcestershire Beacon

on the Malvern Hills
on
Sunday 24th January 2010



Orienteering in
Worcestershire,
Herefordshire, South
Shropshire, the Black
Country and Birmingham.

- Venue & Travel** The event takes place on the northern half of Malvern Hills but, as car parking is limited, the event car park, registration and download will all be located in the Industrial Estate next to Colwall railway station, at Landranger Sheet 150 Grid Reference: **SO757426**. Access will be signed in Colwall.
- Parking** Hard standing car parking along road in the Industrial Estate. Charge for parking is £2.00 per car. Please share cars where possible. Drivers of coaches, minibuses or RVs, please contact the Organiser in advance. Registration and Download will be at the Entrance to the Industrial Estate.
- Terrain:** Long undulating exposed hill with steep sides in places. Mix of open runnable terrain and mixed woodland. A footpath follows the crest of the hill.
- Map:** 1:10,000 Updated 2009
- Courses:** Compass Sport Cup Courses + colour coded for Yellow, Orange and Light Green. There will be no String or White courses.
- Entries:** Entries by Club Captains using Special Entry Form (Download from British Orienteering Website) to: CSC Round 1, Oak Lodge, Floyds Lane, Wellington Heath, Ledbury, HR8 1NB, Mike Farrington 01531 635502 (before 9 pm please). wb2010entries@harlequins.org.uk
CD: 14 Jan 10. Seniors £10 with £2 discount for BO national and local members (all regions). Juniors and students £4. Late entries after 14 Jan 10 add a further £2.
Chq: Harlequins Orienteering Club. There is EOD for Colour Coded Courses only.
Colour-coded courses: Adults £7.00 / Juniors £2. 50.
- Colour coded Registration** 1000 – 1200hrs **Starts:** 1030 – 1230 hrs.
- Punching:** Electronic Punching using Sportident. Colour Coded course competitors please bring your SI-Card to registration. SI-Cards may be hired for £1.00
- Dogs:** Dogs allowed on the Malvern Hills for non CSC competitors but should be on a lead in car park.
- Facilities:** Toilets in car park.
- Movement to Start** Every 15 minutes a coach will take competitors to a drop off point from which there is a 10 minute walk to the Start. This drop off point will also be used by coaches to pick up competitors and return them to the Industrial Estate.
- Officials:** Organiser Rollo Rumford 01905 726967 rollo.rumford@btinternet.com
Planner Clive Caffell HOC
Controller Mark Dyer NGOC
- Safety:** Competitors take part at their own risk. Whistles must be carried. In case of bad weather competitors may be required to wear (carry) water-and wind-proof tops (aka cagoules)
- Website & Cancellation:** For the latest information check: <http://www.harlequins.org.uk>
HOC reserve the right to retain part / all of any pre-entry fees to cover committed costs