

Prologue:

Sprint Orienteering for the first part of the course, then MicrO for the second part. The MicrO map is on the reverse of the sprint map, and the finish should only be punched once the whole course (both parts) has been completed. The start triangle on the MicrO part is at the last control on the sprint part.

Map for the sprint section is 1:4000, 2.5m, ISSOM2007, Autumn 09 by Alison Sloman. Map for the MicrO section is 1:600, 1.5m, Symbols as below, Autumn 09 by Iain Embrey for GGmaps.co.uk.

Competitors will not encounter any Black-Green, but are reminded that it is forbidden to cross thick black lines and olive green.

No spikes or dobs, but fell shoes recommended.

Predominantly mown open land, with steep grassy slopes, particularly on course 1.

Course 1 is recommended for competent orienteers of most ages. Competitors on this course only will start in pairs and orienteer head to head.

Course 2 is less devious, and avoids the steep grassy slopes.

Course 3 is approximately orange standard, with fairly straight-forward micrO.

Prologue Info:

Course	Length sprint part	Length MicrO part	
1	1.8km, 17c, 9:00	540m, 16c, 2:00	Winning times guesstimated for M21E
2	1.3km, 12c, 9:00	470m, 15c, 2:30	Winning times guesstimated for M60
3	1.1km, 7c, 9:00	350m, 10c, 2:30	Winning times guesstimated for Orange

MicrO Key

-  Tree
-  Larger Tree
-  Smaller Tree
-  Coppiced Tree
-  Sign
-  Bench
-  Lamp Post
-  Bin
-  Bushes
-  Hard Surface
-  Lake
-  Open Land
-  Building
-  Contour
-  Form Line
-  Wall (uncrossable)

Final:

This takes place around the centre of the university, and is a chasing start. There will be plenty of route choice. The map is 1:4000, 2.5m, ISSOM2007, Autumn 09 by Alison Sloman, and competitors are reminded that black-green denotes vegetation which is forbidden to cross. See, for example:

<http://www.maprunner.co.uk/simon/sprintmapsymbols.jpg>

The final is predominantly on hard surfaces.

Preliminary course details are:

Course	Length	Controls	Est. Winning time
1	3.5	29	14 mins
2	2.0	15	14 mins
3	1.5	12	14 mins

General:

Whistles must be carried in line with WM regulations.

Minimum age for an unshadowed competitor 12yrs (university stipulation).

Entry fees will be £4 for juniors, £8 for seniors (plus £2 supplement for non BOF members), and SI cards will be available to hire for £1.

Pre-entry only: via fabian4.co.uk, by Saturday 6/2/10.

Supplementary Details

Travel:

Car Parking will be in the University North Car park, which is probably free but may cost £1 (awaiting confirmation). This is at SP 048 838, see map below. There will be signs from the A38.

Public transport is pretty easy – especially trains to university station – see map below.

Timings:

Prologue starts will be between 10:30 and 12:00,

Chase starts for course 1 will have base time 14:00,

Chase starts for courses 2&3 will have base time 13:30.

Call up for the chasing start will be at least 5 minutes in advance, the prologue probably 3.

Start times will be available from the HOC website, www.harlequins.org.uk,

Please adhere to your allocated start time, though starts and finishes will be punching.

Rules & punching:

If you mispunch (ie. miss a control or punch an incorrect control) you will be disqualified. You will of course still get to run in the final, should this occur on the prologue.

All controls will have numbers and control descriptions (available LOOSE ONLY at the Starts), and for the prologue there will be two sets (one for the sprint, and one for the Micro section.) A large circle is a statue.

To make your life easier, for the MicrO section only, the control code will be printed beside the number (eg. 1-60), and a pink dot at the centre of the circle will indicate the precise positioning of the control.

It is strongly advised that you check your control codes.

SI 9 cards won't work in the final – we will trade them for the day for SI 5; please let us know in advance.

Have fun :)

Munro Sports Centre:

Please remove any muddy footwear before entering...

There will be showers, changing, and toilets available downstairs in the Munro Sports Centre. See Map.

Download, SI Hire, etc will be in the Munro Lecture Theatre, entry level, turn left, through some doors and pretty much straight ahead – will be signed.

There is a floor plan at <http://www.download.bham.ac.uk/sport/Docs/MunrowFloorPlan.pdf> In which the “Dry Side Changing rooms” and “Lecture Theatre” are marked.

Location Map: **VERY IMPORTANT**

Access to the Munro Sports Centre will be granted on production of the below warm up map (or any other orienteering map, really) – which will be provided at entry to the car park – one per competitor.

It is also the key to finding the start for the prologue in particular – this will be at best minimally signed.

The start for the prologue should be accessed by following the roads past the course 1 chase start to the stair onto the canal towpath, and north along the canal towpath. Any route for getting onto the towpath is acceptable.

Clothing/Competition areas:

May be left at any start at your own risk, where it will likely remain until collected. Please take care not to influence current competitors if cutting back across the competition area to pick up clothing.

If timings suit, you may wander around campus in search of food, or spectating at any stage. Please make every effort not to affect current competitors, or actively look for controls/your route. The finale will take place in the clock tower square. Food is available at the Munro Cafe, or between there and the clock tower at University Centre. There is public road crossing on a long diagonal leg in the course 1 final. Please don't run over any cars.

The university is actively building things, and in the unlikely event that the OOB on the ground has changed since the (very recent) map updating, please respect both the mapped and existent OOB as such.

Please also respect residents' privacy, and don't go staring into windows and stuff.

Local Attractions:

Include Cadbury World, the Botanical Gardens, Sea Life Centre, various museums and a finish under one of the fabled Two Towers!

Officials:

Planner: Iain Embrey

Organisers: Julia Makhover, John and Iain Embrey

Controller: Colin Spears

Nice people at Birmingham University Sport

Remember: no spikes please!!!!!!!!!!!!!!

Any queries please contact iain@ggmaps.co.uk

