



Harlequins Orienteering Club

<http://www.harlequins.org.uk>

REGIONAL EVENT

(under BritO Rules)

DYMOCK FOREST

near Ross-on-Wye

Sunday 28 February 2010

CAR PARK

Signed from SO 681 260 (OS Landranger map 162) on B4221 between M50 (Junction 3) and Newent. Please use signed route; other local roads are very narrow with blind bends. Parking fee: £1 per vehicle.

TERRAIN

Undulating mixed woodland, mostly mature. Much is fast run but there are some slow areas with ground vegetation. Area last used over 25 years ago. Please avoid sensitive areas marked with tape.

MAP

1:10 000, 5m contours. New survey by Brian Hughes, Spring 2007 to Autumn 2009. Map unit: A4 (A3 for longer courses).

COURSES

SportIdent punching. Free String course (entry on day).

Course	Colour	TD	Course	Colour	TD
1	Black	5	7	Short Green	5
2	Brown	5	8	Very Short Green	5
3	Short Brown	5	9	Light Green	4
4	Blue	5	10	Orange	3
5	Short Blue	5	11	Yellow	2
6	Green	5	12	White	1

ENTRIES

As the event borders the South-West region, HOC is offering SWOA BritO senior local members the £2 discount. If entering through Fabian4 please select the event option, or deduct the discount if entering by post. Competitors who wish to run their appropriate age course should enter by age class, eg M50L.

Fees:	BritO national, WM and SW local members	Others
Under 21/full-time students:	£4	£4
Senior Light Green & below:	£6	£8
Senior age classes, Very Short Green & above	£9	£11

SI card hire: £1 per person, paid with entry fee; write HIRE instead of own e-

card no. on entry form. Entries via <http://www.fabian4.co.uk> or on BritO

Standard Entry Form with fees (cheque payable to Harlequins OC) and one 6" x 9" stamped addressed envelope. Send to: Dymock10, Oak Lodge, Wellington Heath, LEDBURY HR8 1NB. Contact: Mike Farrington: Tel: 01531 635 502 (before 21.00) or dymock10@harlequins.org.uk

CLOSING DATE

Midnight Sunday 14 February 2010. Late entry (+£1 Juniors +£2 Seniors) available online until Monday 22 February. Entry on the day at late entry rates subject to map availability.

START TIMES

10.00 to 12.30. Controls will be collected progressively from 14.30.

FACILITIES

Toilets. First Aid. Children's play area. Ultrasport. Dogs only on lead. For details of al fresco on site catering and local Gurkha restaurant, see web site.

SAFETY

Whistles must be carried. All competitors take part at their own risk and are responsible for their own safety.

CANCELLATION

Check the web site. If the event is cancelled or postponed, HOC reserves the right to retain all or part of the entry fee to cover committed costs.

OFFICIALS

Planner: Andy Hemsted (HOC) Controller: John Bennison (COBOC)
Organiser: Penny Hemsted (HOC) Tel: 0121-382 6168 before 21.00 or pennyhemsted.dymock@gmail.com