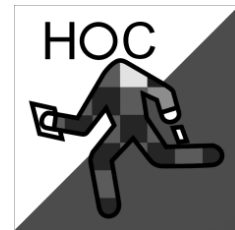




Event Information
V0.2 5th Mar 2010

Harlequins Orienteering Club
Invite you to a Mountain Bike Orienteering
event at
FOXLEY

(Mansell Lacy, Herefordshire)
Round 4 of the BMBO MBO National League
Sunday 18th April 2010



Orienteering in
Worcester, Hereford,
South Shropshire,
Black Country and
Birmingham.

- Venue & Travel:** The Foxley Estate can be found on the NE edge of Mansel Lacy just off the A480 Hereford to Kington road some 5 miles NE of Hereford. It will be signed from 149 SO 429452.
- Parking:** Hard standing within the estate.
- Terrain:** The Foxley Estate comprises a wide wooded ridge around 3 sides of a farmed valley. It is a sporting estate, and your constant companions on the event will be pheasants. There is no access to the public as there are no public footpaths or bridleways, but a complex path and grass ride network together with core stoned access tracks used by the gamekeepers and foresters will provide plenty of route choice. Offtrack riding will be permitted on this event.
- Event Format:** Registration: 11.00 - 12.00. Starts: 11.30 - 13.30
Category - Long. Estimated winning times 90 - 110 minutes
The competition will use a combination of fixed sequence and free order controls.
- Map:** The waterproof map used will be based on the Terry Foxton 1:15.000 map previously used on the 1994 JK, with the path / track layout revised to MBO specifications. Actual scale yet to be finalised but will be as large as possible and may therefore be at an unconventional scale. They will be issued at the start at 1 minute intervals.
- Courses:** A Course. Approx. 20km M21 (Open men), M40, M20.
B Course. Approx. 15km W21 (Open Women), W40, M50, W50, M60, M/W 18 & W20,
C Course. Approx. 10km W60, Youth and "Come & try it".
- Entries:** All entrants **MUST** be full or associate (no charge) members of British Mountainbike Orienteering to cover insurance. Go to www.bmbo.org.uk and obtain a BMBO membership number before attempting to enter, **AND BRING THIS NUMBER WITH YOU**.
Online entry recommended - go to www.fabian4.co.uk. Closing Date Thursday April 15th @ 9pm. Entries by telephone, post or email to MBO@branchline.demon.co.uk will be accepted with payment at registration, but will be regarded as "on the day" entries and attract a £3.00 surcharge.
On the Day entries will be available with a £3.00 surcharge, but entrants **MUST** gain an associate membership number from BMBO in advance.
- Fees:** BMBO Associate members. £9.00 (**£1 discount for BOF members**)
Full BMBO members £7.00
- Punching:** Punching will be with Sportident - dibbers available for loan on the day. Lost cards will be charged at £30.00
- Dogs:** Dogs not permitted in car park or in forest due to presence of deer and pheasants.
- Facilities:** Toilets available in the village church. Use the clock tower entrance.
- Organiser:** Colin Palmer, 01531 633500. (07906 964702 on the day only). mbo@branchline.demon.co.uk
Woodview Farm, Raycomb Lane, Coddington, Ledbury. Herefordshire. HR8 1JH
- Safety:** All Competitors must carry the following equipment: Bike, Helmet, Whistle, Map, SI Card
Competitors are also recommended to carry: Waterproof Top, First Aid Kit, Compass, Cycle Computer, Tools.
- Website & Cancellation:** For the latest information check: <http://www.harlequins.org.uk>
HOC reserve the right to retain part/all of any pre-entry fees to cover committed costs
- Notes:** Need a Mapboard?
Contact the organiser. "Navigator" swivelling mapboards available for sale at the event.