

# MARCH IN THE MARCHES

The Great Malvern Urban Orienteering Event  
Nopesport Urban League & UK CUP

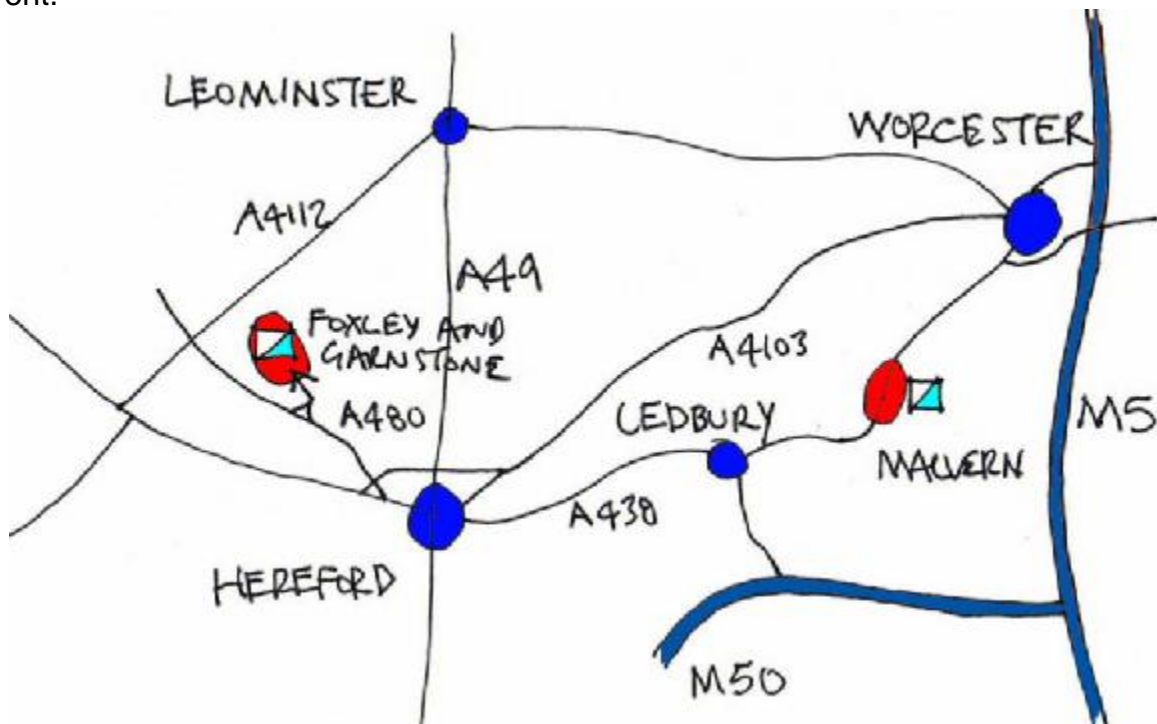
and

Midland Championships  
UK Masters Cup 2012

10<sup>th</sup> & 11<sup>th</sup> March 2012

Harlequins Orienteering Club is delighted to stage a weekend of orienteering in the Marches.

We have two events; on the Saturday an Urban Orienteering Event will provide a fascinating challenge as competitors discover the delights of Great Malvern. A spa town set on the slopes of The Malvern Hills and on Sunday, this year's Midland Championships at Foxley and Garnstone. An area used for the JK 1994 which has been remapped for this event.



# The Great Malvern Urban Orienteering Event

## Nopesport Urban League & UK CUP

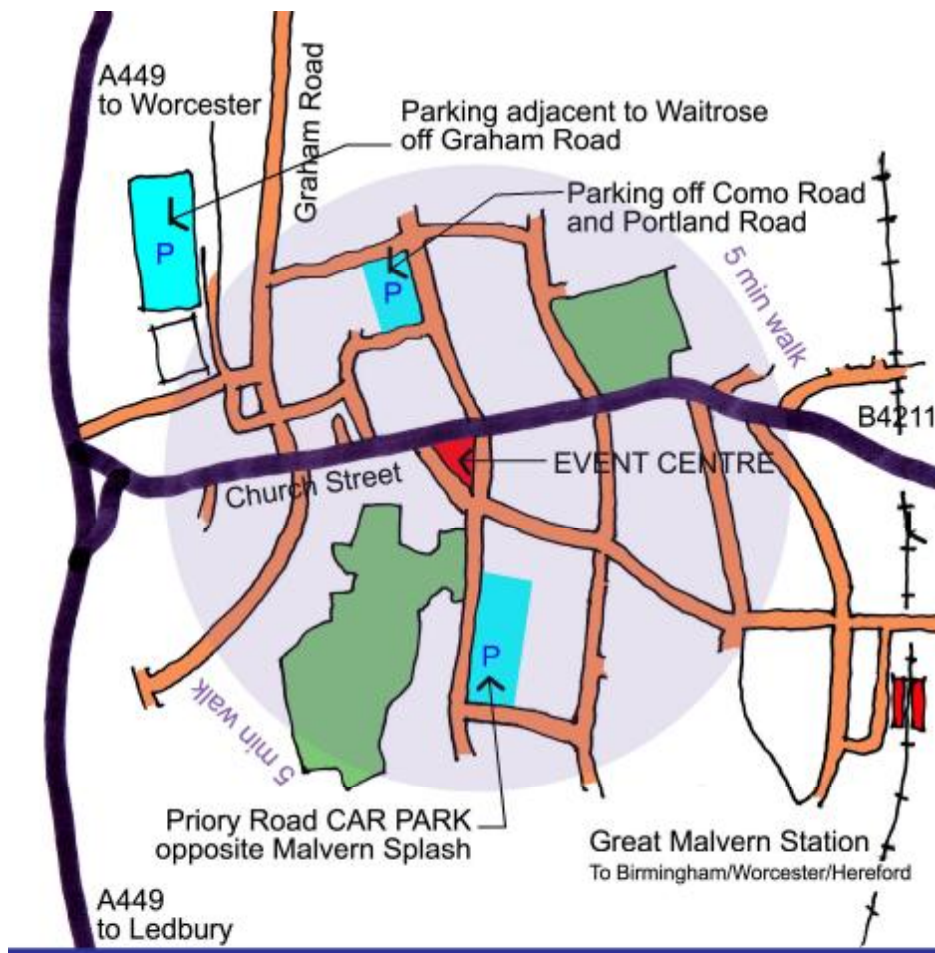
### Venue & Travel

The Event Centre will be Priory Lodge Hall, Avenue Road, Malvern WR14 3AF.  
OS Grid Ref SO778459.

### Parking

The Event Centre is a short walk from Great Malvern Railway Station with direct trains from Birmingham, London and Hereford.

There are a number of public pay and display car parks close to the town centre, there is also some free on-road parking in the residential streets to the east of the Event Centre.



URBAN ORIENTEERING EVENT CENTRE  
Priory Lodge Hall, Avenue Road, Malvern WR14 3AF

### Terrain

Town centre roads and alleys, some private grounds, common land and steep, varied hillside.

### Map

A new ISSOM 1:5000 map by Venice Street Race Champion Mike Hampton produced over the winter of 2011/2012. A larger scale will be used for the junior courses.

**Courses:**

Men's Open (M18-35), Veteran Men (M40+) Super Veteran Men (M55+) Ultra Veteran Men (M65+), Junior Men (M16-) Young Junior Men (M12-).

Women's Open (W18-35), Veteran Women (W40+) Super Veteran Women (W55+) Ultra Veteran Women (W65+), Junior Women (W16-) Young Junior Women (W12-).

Newcomers and Families Course.

**Note: Owing to BOF restrictions, anyone under the age of 16 on the day of the race must run a Junior course. The under 16 course will include marshalled road crossings to access the more interesting parts of the terrain.**

**Entries**

Pre-entry for the Nopesport Urban Race categories available on-line through [www.fabian4.co.uk](http://www.fabian4.co.uk) . Closing date February 29<sup>th</sup>.

There will very be limited EOD. Entry on the Day or pre-entry for the Newcomer and Family course.

**Registration**

1100 – 1200hrs Starts: 1200 - 1400hrs.

Punching: Electronic Punching using Sportident. SI-Cards may be hired for £1.00.

**Fees**

Seniors £8 Juniors/Families/Newcomers £4

**Dogs**

Certain parts of the courses are on private land where dogs are not permitted.

Dogs are not allowed in the Event Centre.

**Facilities**

Toilets are available at the Event Centre

**Officials:**

Organiser Lynden Hartmann 01684 577062 (before 9pm). [lynden@mado.org.uk](mailto:lynden@mado.org.uk)

Planner Lester Hartmann

Controller Barry Elkington OD

**Safety**

Competitors should acquaint themselves with ISSOM symbols – with particular reference to those for Out Of Bounds and Forbidden to Cross. A concise version prepared by Simon Errington is available at:

<http://maprunner.org.uk/simon/sprintmapsymbols.jpg>

Hazards will be marshalled.

§ There will be First Aid provision.

§ Competitors take part at their own risk.

§ Whistles must be carried.

**NOTE – FINAL DETAILS ON COURSES ETC TO BE PUBLISHED LATER**

**Website & Cancellation:**

For the latest information check: <http://www.harlequins.org.uk>

HOC reserve the right to retain part/all of any pre-entry fees to cover committed cost

## Foxley and Garnstone, Mansell Lacy, Herefordshire Midland Championships 2012 and UK Masters Cup

Foxley is privately owned and run as a working farm and shoot. Our thanks to Major David Davenport and his team for their assistance over the past year in allowing us to use this delightful part of Herefordshire. Some courses also use Garnstone with permission from Mr James Verdin.

### Travel

Mansell Lacy signed off A480 NW of Hereford

Satnav: the post code for Mansell Lacy HR4 7HQ will get you close to the event

Take care through the village: please observe the speed limits

### Parking

On the site of a former WW2 Military Hospital where the concrete bases will be used along with driveways and adjacent grassed areas.

Parking fees: £1 per car

£5 Coach/minibus: please notify the organiser beforehand by email

The final approach is along narrow lanes, drive with care and observe speed limits in the village. Parking within approx 200m of registration/assembly. Park as directed

### Assembly

Adjacent to the car park

Contains: Finish and download/Club tents/Traders and catering/Enquiries/First Aid/Results



### **Controls**

Electronic Punching using Sportident.  
SI-Cards may be hired for £1.00 from enquiries

### **Courses**

Entry by classes as per BOF rules (section 4.2)  
Also pre-entry on colour-coded – White, Yellow, Orange, Long Orange, Light Green

### **Drinks station**

Longer courses will have a water point

### **Starts**

Clear at the start  
Call up -4 minutes  
Control descriptions in the start lane  
Timed (not punching) start  
Late starts at the discretion of the officials

**RED** start 500m on road and track, mainly level.  
White and Yellow Courses

**BLUE** start 3Km allow 45 minutes  
Road and track with 50m climb  
Warm up area will be taped. Do not enter out of bounds areas.

Toilets and clothing dump near start. Clothing will be returned to Assembly

### **Map exchange**

Courses 1 and 3 only  
Control descriptions for the 2<sup>nd</sup> map be available at the start and will be printed on the map

### **Finish**

All courses share the same punching finish  
Follow tapes through to download  
DOWNLOAD before leaving the finish area  
All competitors including those who retire must download.

No drinks will be provided at the finish

### **Fence crossings**

Fence crossings marked on the map are compulsory  
and will be marked with red and white tape  
Please report any damage caused to fences.

### **Gates**

If open leave open, if shut then keep shut.

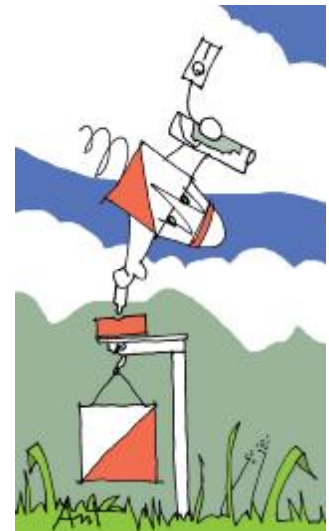
### **Colour coded**

Limited entry on the day with late starts  
Numbers dependant on spare maps being available (pre-book via Fabian4 to avoid doubt)

### **First Aid**

In assembly

Nearest A and E is 8 miles (map available from First Aid/Enquiries)  
The County Hospital, Stonebow Road, Hereford HR1 2BN  
Signed from Hereford City Centre (note hospital is 200m from Hereford Railway Station)



## Dogs

Dogs allowed in car park only but must be on lead at all times.

Dogs not permitted beyond the car park, in assembly or elsewhere on this working estate

## Enquiries

Car key deposit

SI hire

For reporting all problems etc

## Officials:

Organiser Ant Clerici [info@clericidesign.com](mailto:info@clericidesign.com) 07778 286 339 (before 8pm or text)

Planner Rollo Rumford

Controller Mark Dyer

## Health and Safety – key issues

- § **Competitors must carry a whistle:** there will be a check at the starts (note the 6Km round trip from the Blue Start to collect a forgotten whistle)
- § **Bad weather:** cagoules to be carried if directed – look out for signs on arrival and when leaving Assembly for the starts.
- § **Download:** all competitors including those who retire must download. No competitor will be allowed to “pick up their map” and return without competing and downloading.
- § **Out of bounds:** pond and wood yard adjacent to the assembly are out of bounds: parents please ensure children do not play in these areas
- § Lone competitors please leave your car keys at enquiries
- § Take care with fence crossings
- § Check for ticks after you've run - deer are present throughout the area
- § The woods are a working area with pheasant feeding stations, equipment and discarded posts and wire. The organising team will have placed warning tape where particular hazards are found but cannot guarantee to have covered every location.
- § Event updates – check the website including for if exceptionally inclement weather leads to cancellation

## Prize giving

There will be a prize giving ceremony at 2:30pm in assembly if results production allows

## Trophies

2011 winners please ensure their trophies are deposited at Enquiries before 11am on the day. Clearly label them with the class/trophy name. This can be done by individuals or by club.

## Website & Cancellation:

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## Useful websites:

March in the Marches <http://www.harlequins.org.uk/marchinthemarches.html>

Visit Herefordshire <http://visitherefordshire.co.uk/>

Visit Worcestershire <http://www.visitworcestershire.org/cms/worcestershire---great-attract.aspx>