

**NIGHT STREET LEAGUE EVENT 4 Thursday 16<sup>th</sup> December 2010  
BIRMINGHAM**

**Venue;** 8 Elmdon Road, Selly Park, Birmingham B29 7LF . GR SP 053 826

**Parking;** Elmdon Road

**Starts;** 18:00 to 19:00pm

**Terrain;** Busy streets, back streets, housing estates, unlit open areas. At least 30% of the map is new and includes brand new roads. A chance to see the new hospital, canal aqueduct and new railway bridge (under construction) depending on your route choice and course! The area mapped extends almost as far as the Hagley road and covers parts of Harborne and Edgbaston and Birmingham University.

**Safety:** All competitors are recommended to carry torches and to wear light and/or reflective clothing. Whistles are to be carried at all HOC/WMOA events.

**Emergency phone number;** 0121 472 8581

**Facilities:** Toilet, hot and cold drinks and snacks afterwards.

**Courses:** Long 8.9 km, Medium 6.9 km, Short 4.2 km.

**Map** A4/A3 (for longer courses), OCAD 9, 1:10 000. Alison Sloman updated Autumn 2010.

**Minors: BRITISH ORIENTEERING GUIDELINES APPLY. Under 17s are not permitted to run on streets with traffic.** Other minors with written parental permission only.

**YOU RUN AT YOUR OWN RISK**