

Night Street League Event 5

Thursday 2 February 2012

Worcester North

Venue: 9 Tyndale, Harley Goodacre, Worcester. WR4 0PR

Parking: Limited. Please double Park on drive, where you can in the close or along Hornsby Ave and Topham Ave without upsetting the neighbours.

Directions: Put post code **WR4 0PR** into sat nav. Or

From the north - Leave the M5 at junction 6, then at roundabout take the third exit onto the A4440 (Warndon). At the roundabout take the first exit onto the A4440 (The Lypards, The Harleys, Hospital). At the roundabout take the first exit. (City Centre and West A44). At the roundabout take the 2nd exit onto Dugdale Drive. Take the third right onto Topham Drive. Turn right onto Hornsby Ave. Turn left onto Tyndale.

Organiser / Planner: Nigel Cousins nigel.cousins@homecall.co.uk
(01905 617469)

Controller: Brian Hughes

Starts: 18:30 to 20:00

Terrain: Residential roads and paths, some route choices offer paths/lanes without lighting. Medium and short courses will have hilly parts. There are several busy roads in this area that are normally quiet in the evening. Any busy roads that need crossing are speed restricted to 30 mph and are well lit.

Map: Standard NSL Black ink/ white paper. 1:10 000.

Courses: Long 8.5k, Medium 6k, Short 4k. (All approximate lengths). The area is hilly in places. Controls on lamp posts; hydrant signs; telegraph poles and nature reserve signs. Pen required.

Safety: All competitors must carry a torch and are strongly advised to wear light and or reflective clothing. Whistles must be carried at all HOC/WMOA events. A risk assessment will be available to read at registration.

Emergency telephone number: Home 01905 617469 **Mobile:** 07704339173

Minors: No Under 16s will be allowed to run.

You run at your own risk

Please let the organiser know in advance which course you would like so maps can be printed.