

## NSL Wordsley 9 March 2017

### Short Course:

1	Ella Rush	W12	BOK	51:53:00
2	Barry McGowan	M70	HOC	53:11:00
3	Marian White	W55	HOC	62:53:00

### Medium Course:

1	Andy White	M60	HOC	66:00:00
2	Sue Howarth	W55	HOC	69:21:00
3	Adrian Bailey	M50	HOC	72:21:00
4	Fred Miller	M65	NATO	80:38:00
5	Graeme Mulvaney	M40	OD	87:01:00
6	Robert Vickers	M70	HOC	96:21:00

### Long Course:

1	Tereza Rush	W35	BOK	61:04:00
2	Stu Gooding	M45	HOC	61:25:00
3	John Leeson	M55	HOC	68:48:00
4	Andy Johnson	M50	HOC	80:50:00
5	Peter Langmaid	M45	HOC	83:31:00

Thank you all runners for coming along to our last NSL of this season.

Some had made a very long journey in order to get more training in and we wish Tereza good luck at The Masters In New Zealand in April.

Maybe it wasn't so clever to use Postboxes as control sites, but I couldn't resist.

The postmen had removed quite a few, and you might have to visit me in the spinning house....

*Kerstin*