

Highgate Common Summer Evening Event, Thursday June 1st

Parking: SO 835895, on the south-west side of the common.

Directions: From the north, go to Halfpenny Green, then follow the road towards Kinver south for 1.5 miles.

From the south, take the A449, then the A458 towards Enville. Take the right turn after 1.7 miles, and follow this road 2.2 miles north towards Halfpenny Green.

Terrain: Mixture of open common and woodland. Some bramble on the longer courses.

Map: 1:10000. Master-maps to be copied, so bring a pen.

Courses: Orange, Green and Blue. Please let the organiser know beforehand if you would like a Yellow course.

PLUS!!! Not one-but TWO Extra Orienteering Delights, which you are invited to tack on before or after your main run.

To help your techniques: a compass & pacing training exercise.

To help your speed: the HOC SEE Micro-Mini-Sprint-O !!
Guaranteed to give you your fastest-ever mins/k!!

Cost: Adults £2, Juniors 50p

Organiser: Andy Hemsted, with help from Chris Embrey and Penny Hemsted
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