

Highgate Common: The Event with EVERYTHING and then just a bit extra....

First Evening Event of the series: SUMMER IS HERE!

Thursday April 24th Starts from 5.45 until 7pm

Carpark SO 843893 **Not the usual one!** Near the SE corner of Highgate Common

Terrain The area will be at its best: fast runnable woodland near the Start, and open heathland further to the NW. Complex path network.

Cost £2, 50p Juniors

Courses Orange, Green, Blue. Yellow **only if requested beforehand.**

Pre-marked maps for those who request them before April 23rd.

Master-Maps for those who turn up on the day, with a reasonable time allocation allowed for copying up the course.

Map: 1:10000, 5m contours. Updated 2007

Bonus Extras:

1 **Sunshine**

1 **Compass and Pacing Exercise:** how accurately can you run straight?

2 **Mini-Micro-O:** The shortest course you've ever run, with your best-ever mins/k guaranteed! Can you beat Chris Embrey's sub-4 mins/k speed from 2006? An excellent way to prepare for Saturday's Long-O!!

And, for the **First Time in the Universe of Orienteering**

2 **Eeny-Meeny-Tiny-Small-Microscopic-O !!!** How will YOU perform on an intricate new area using a brand-new map, scale 1:1 . Yes, that HAS been printed correctly, 1:1 !!

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