



Event Information
version 1 as of 23rd May
2016
(flyers are often
revised)

Harlequins Orienteering Club

Invite you to an event

At

Arrow Valley Country Park

(Redditch)

On

Saturday 11th June 2016



Orienteering in
Worcester, Hereford,
South Shropshire, Black
Country and
Birmingham.

Venue & Travel Arrow Valley Country park is located approximately 2 miles East of Redditch town center. The registration will be in the main center carpark near the visitor centre, with access of the B4497 which will be signed. Postcode: B98 0LJ Grid Reference: SP062677

Parking: Parking is free. There are plenty of carparks in the park, any in the north will be most convenient. They can get quite busy especially around 9am during the Parkrun, so please car share if possible. Please see [Arrow Valley Country Park Car Parking Guide](#). Note all car parks have a 2M height limit.

Terrain: Typical park orienteering with a large central lake in the north. Being summer the nettles & plants have grown so full leg cover recommended for the longer courses.

Map: To be updated nearer the time when courses finalised.

Courses: Yellow, Orange, Green, Blue.

Entries: On the day. Beginners welcome. This is a relaxed event, so you run individually or in a group. If you know you are definitely coming can you please register your interest at <http://goo.gl/4lHuZE>, just so I have an idea how many maps to print.

Registration: 1030 - 1200hrs **Starts:** 1030 - 1230 hrs.

Punching: Control Cards or Electronic Punching using SportIdent. Please bring your SI-Card to registration. SI-Cards may be hired for £1.00

Fees: Seniors £4 Juniors £1 The fee is per map.

Dogs: Dogs allowed but must be on lead at all times. Arrow valley is a busy park with lots of other dogs and distractions.

Facilities: Arrow Valley Visitor Centre is near to registration, it has a cafe & toilets. There are also the usual park facilities such as playgrounds etc. If you are feeling energetic there is also a Parkrun which starts near the visitor centre every Saturday 9am. See the Parkrun website for details.

Officials: Organiser & Planner Robert Rose, Email: roberttrose@gmail.com

Safety: Competitors take part at their own risk. Whistles must be carried. Full leg cover recommended. In case of bad weather competitors may be required to wear a wind-proof top (aka cagoules)

Website & Cancellation: For the latest information check: <http://www.harlequins.org.uk>
HOC reserve the right to retain part/all of any pre-entry fees to cover committed costs

Notes & EVO